

Inspire Series 1

Secondary 4/5

[2026]

Inspire@HS Series 1 for Secondary 4/5 students

Wednesday, 25 March	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230
Sec 4 - 5	FRC	Future Forward			Recess	Future Forward				

Thursday, 26 March	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230
Sec 4 - 5	FRC	Recess	G1: ECG G2 & G3: Course Advising @NYP							Lunch Break

Friday, 27 March	0730-0800	0800-0830	0830-0900	0900-0930	0930-1000	1000-1030	1030-1100	1100-1130	1130-1200	1200-1230
Sec 4 - 5	FRC	Class-based VIA			Recess	Class-based VIA				

Inspire@HS Series 1 - Student Dashboard
Wednesday, 25 March 2026

	Sec 4/5
Programme	0740 - 0800: Reflection 0800 - 0840: Motivational Talk (Hall) 0840 - 0930: Breakout session 1 (Various venues) 0930 - 1000 Recess 1000 - 1045: Breakout session 2 (Various venues) 1045 - 1130: PSEI Talks by Alumni (Various venues) 1130 - 1200: 4E, 4A, 4N, 4S attend Gallery Walk (Hall), 4H1, 4H2, 4O, 4U, 4G Reflection in classroom 1200 - 1230: 4H1, 4H2, 4O, 4U, 4G attend Gallery Walk (Hall), 4E, 4A, 4N, 4S Reflection in classroom.
Reporting time	7.30am
Reporting venue	In school, respective classrooms
Dismissal time	12.30pm
Attire for the day	School uniform
Things to bring	PLD, writing materials and filled water bottle
Other reminders	This is not a late start day

Breakout session 1

Module	Venue
Engineering (AI/Robotics)	4H1
Early Childhood Education (Pre-School Educator)	4H2
Public Service (Police)	4O
Mental Health (Psychologist)	4U
ICT/Aviation (Software Engineer)	4G
Architecture (Architect)	4N
Social Services (Social Worker)	4S

Students should report to the venues assigned according to their selected modules.

Breakout session 2

Module	Venue
Hotel Hospitality (Director of Event Services)	4H1
Sustainability (Engineer)	4H2
Healthcare (Nurse)	4O
E-sports (Professional Coach)	4U
Property & Design (Interior Designer)	4G
Social Services (Social Work)	4A
Business (Business Development Manager)	4N
Information Technology (Cybersecurity)	4S

Students should report to the venues assigned according to their selected modules.

PSEI Talks

Module	Venue
ITE	SRC
TMJC	4S
CJC + ASRJC	4N
Ngee Ann Poly	4A
Nanyang Poly	4H1
Republic Poly	4H2
Temasek Poly	4O

Students should report to the venues assigned according to their assigned talks.

Inspire@HS Series 1 - Student Dashboard
Thursday, 26 March 2026

	Sec 4/5
Programme	4H1/4H2 0800 - 0830: Recess 0830 - 1200: ECG 1200 - 1230: Lunch break 4OUGEANS 0800 - 0830: Recess 0830 - 1200: Course Advising @NYP 1200 - 1230: Lunch break
Reporting time	7.30am
Reporting venue	In school, respective classrooms
Dismissal time	12.30pm
Attire for the day	School uniform
Things to bring	Writing materials and fully charged PLD
Other reminders	

Inspire@HS Series 1 - Student Dashboard
Friday, 27 March 2026

	Sec 4/5
Programme	0800 - 0930: Class-based VIA 0930 - 1000: Recess 1000 - 1230: Class-based VIA
Reporting time	7.30am
Reporting venue	In school, respective classrooms
Dismissal time	12.30pm
Attire for the day	School uniform
Things to bring	Writing materials and fully charged PLD
Other reminders	